Weathering the Storm

Be Prepared.

- Type of cancer and stage of cancer
- Type of treatment like chemotherapy, radiation, or surgery
- Date of your last treatment and the cycle you are on
- Name of your doctor and treatment center
- Any medicine you’re taking (cancer medicines and other medicines, including over-the-counter drugs).
- Other illnesses or health problems
- A wallet card is available for cancer patients in case of a natural disaster and can be downloaded at moffitt.org/hurricane

It’s crucial to write down information about your treatment in case you have to evacuate.

Protect Yourself From Germs

Wash your hands with soap and water as often as possible. Scrub your hands for as long as it takes you to sing “Happy Birthday” from beginning to end twice.

If you don’t have access to soap and water, ask for alcohol hand sanitizers (that are at least 60% alcohol) and follow the directions on the product.

Use antibiotic cream every day, if you have it.

Keep cuts and wounds covered.

IF YOU DON’T KNOW IF THE WATER IS SAFE, DRINK ONLY BOTTLED WATER OR BOIL WATER FOR ONE FULL MINUTE.

Don’t get vaccinations unless a doctor who knows your cancer history says it’s ok.

Moffitt is not a shelter during a storm.

Moffitt advises patients who believe they will evacuate to a shelter during a hurricane to register for special needs disaster assistance with your county.

Source: Moffitt Cancer Center

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moffitt.org/hurricane