

QSU

Code _____

Date _____

Indicate the extent to which you agree or disagree with each of the following statements by placing a single checkmark along each line between STRONGLY DISAGREE and STRONGLY AGREE. The closer you place your checkmark to one end or the other indicates the strength of your disagreement or agreement. We are interested in how you are thinking and feeling right now as you are filling out the questionnaire.

1. Smoking would make me feel very good right now.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

2. I would be less irritable now if I could smoke.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

3. Nothing would be better than smoking a cigarette right now.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

4. I am not missing smoking right now.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

5. I will smoke as soon as I get the chance.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

6. I don't want to smoke now.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

7. Smoking would make me less depressed.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

8. Smoking would not help me calm down now.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

9. If I were offered a cigarette, I would smoke it immediately.

STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___ STRONGLY AGREE

10. Starting now, I could go without smoking for a long time.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
11. Smoking a cigarette would not be pleasant.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
12. If I were smoking this minute, I would feel less bored.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
13. All I want right now is a cigarette.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
14. Smoking right now would make me feel less tired.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
15. Smoking would make me happier now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
16. Even if it were possible, I probably wouldn't smoke now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
17. I have no desire for a cigarette right now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
18. My desire to smoke seems overpowering.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
19. Smoking now would make things seem just perfect.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
20. I crave a cigarette right now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
21. I would not enjoy a cigarette right now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE

22. A cigarette would not taste good right now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
23. I have an urge for a cigarette.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
24. I could control things better right now if I could smoke.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
25. I am going to smoke as soon as possible.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
26. I would not feel better physically if I were smoking.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
27. A cigarette would not be very satisfying now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
28. If I had a lit cigarette in my hand I wouldn't smoke it.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
29. If I were smoking now I could think more clearly.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
30. I would do almost anything for a cigarette now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
31. I need to smoke now.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE
32. Right now, I am not making plans to smoke.
STRONGLY DISAGREE ___: ___: ___: ___: ___: ___: ___STRONGLY AGREE