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There is an urgent need to ensure that existing genomic research considers the unique needs of US Latinas with breast cancer.

Genomic Disparities in Breast Cancer Among Latinas

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Background: Breast cancer is the most common cancer diagnosed among Latinas in the United States and the leading cause of cancer-related death among this population. Latinas tend to be diagnosed at a later stage and have worse prognostic features than their non-Hispanic white counterparts. Genetic and genomic factors may contribute to observed breast cancer health disparities in Latinas.

Methods: We provide a landscape of our current understanding and the existing gaps that need to be filled across the cancer prevention and control continuum.

Results: We summarize available data on mutations in high and moderate penetrance genes for inherited risk of breast cancer and the associated literature on disparities in awareness of and uptake of genetic counseling and testing in Latina populations. We also discuss common genetic polymorphisms and risk of breast cancer in Latinas. In the treatment setting, we examine tumor genomics and pharmacogenomics in Latina patients with breast cancer.

Conclusions: As the US population continues to diversify, extending genetic and genomic research into this underserved and understudied population is critical. By understanding the risk of breast cancer among ethnically diverse populations, we will be better positioned to make treatment advancements for earlier stages of cancer, identify more effective and ideally less toxic treatment regimens, and increase rates of survival.

Introduction

An estimated 55 million individuals living in the United States identify as being Hispanic or Latino.¹ Latinas are a culturally and genetically diverse group with origins in Mexico, the Caribbean, Central America, and

South America. In the United States, 64.0% of Latinos are of Mexican background, 9.6% of Puerto Rican background, 3.8% of Salvadoran background, 3.7% of Cuban background, 3.2% of Dominican background, 2.4% of Guatemalan background, and the remainder

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are of other origins.² Although the terms *Hispanic* and *Latino/Latina* are often interchangeably used, we selected the term *Latina* for the current manuscript as we feel it extends beyond spoken language to reflect both origin and cultural traditions of women from Latin America.

Breast cancer is the most common cancer diagnosed among Latinas in the United States and is the leading cause of cancer-related death in this population.³ Although the overall prevalence of breast cancer in Latinas is lower than in non-Latina whites, Latinas tend to be diagnosed at a later stage and have worse prognostic features (eg, triple-negative disease, *ERBB2* [formerly *HER2* or *HER2/neu*]-positive disease).⁴ A myriad of socioeconomic and cultural factors contribute to health disparities in breast cancer among Latinas,⁵⁻⁷ but biological factors — particularly genomics — remain an important but understudied consideration.

High and Moderate Penetrance Genes

Approximately 10% to 15% of breast cancer cases are attributed to inherited gene mutations.⁸ Although multiple genes confer an inherited risk for cancer,⁹ *BRCA* mutations are the most prevalent and penetrant mutations, accounting for the majority of hereditary types of breast cancer.¹⁰ *BRCA* mutations result in an increased lifetime risk of breast cancer of up to approximately 60% to 70% and a lifetime ovarian cancer risk of up to 40%.¹¹⁻¹³ Among Latinas, breast cancer is often diagnosed at younger ages and with worse prognostic features, including increased rates of triple-negative disease, than their non-Hispanic white counterparts.^{3,14-16} Triple-negative disease and premenopausal breast cancer are both clinical characteristics associated with a higher probability of having a *BRCA1* or *BRCA2* mutation.^{17,18}

Prevalence of *BRCA*

The prevalence of *BRCA* mutations in the general US population is estimated to be 1 in 400, excluding women of Ashkenazi Jewish descent in whom the prevalence is 1 in 40.¹⁹⁻²¹ However, less is known about the prevalence among racial and ethnic minority groups, including Latinas as a whole or by subethnicity based on country of origin. A review examined the spectrum of *BRCA1* and *BRCA2* mutations in Latin America and the Caribbean using studies published between the years 1994 and 2015.²² Six of the 33 studies were conducted among Latinas living in the United States, with the vast majority of participants drawn from clinic-based samples of patients of Mexican origin with breast cancer residing in California, Arizona, and Texas.²² Prevalence estimates of carrying a *BRCA* mutation for this US Latina group ranged from 0.7% to 42.0% and varied based on whether cases were select-

ed or unselected for family history or clinical characteristics (eg, affected vs unaffected, age at diagnosis), cancer site (eg, breast, ovarian), and type of testing (eg, inclusion of large rearrangement testing).²² In the cohorts of unselected patients with breast cancer, the *BRCA* mutation prevalence was 1.2% to 4.9%, which was consistent with expected rates.²²

BRCA mutations have also been documented in all residents of Latin American countries where these genes have been studied, including Argentina, Brazil, Chile, Colombia, Costa Rica, Cuba, Mexico, Peru, Puerto Rico, Uruguay, and Venezuela.²³⁻⁵⁴ Most studies have focused on the spectrum of *BRCA* mutations.^{22,55} In a review of *BRCA1* and *BRCA2* mutations in persons living in Latin America and the Caribbean, 36% of the 33 studies primarily focused on Mexican or Mexican American patients.²² Of the Mexican study population, the mutation prevalence was between 4.3% and 23.0%.²² For other Latina subethnic groups, the mutation prevalence estimates of each country studied were: Colombia (1.2%–15.6%; 2 studies), Costa Rica (4.5%; 1 study), Cuba (2.6%; 1 study), Peru (4.9%; 1 study), Uruguay (17%; 1 study), and Venezuela (17.2%; 1 study).²² These studies provide insight into areas of future research of *BRCA* mutation distribution and frequency based on country of origin, the role of specific founder mutations, the contribution of large genomic rearrangements to the spectrum of mutations across various Latina subethnic groups, and the consideration of other non-*BRCA* genes that increase the risk of breast cancer.

Although recurrent mutations were identified within most studies, the specific mutation varied by study and country.²² *BRCA1* 185delAG has also been documented in Latinas across Latin America and the United States.^{40,42-44,47,56-58} One of the 3 Jewish founder mutations, *BRCA1* 185delAG is estimated to have arisen about 800 years ago or earlier and is believed to have been introduced into Latin America about 650 years ago.⁵⁹ When this mutation is identified in Latinas, haplotype analysis supports that this mutation is of the same origin as the Jewish founder mutation, rather than a separate genetic event.^{60,61} Pooled mutation estimates performed by Porchia et al⁵⁵ found that *BRCA1* 185delAG is the second most prevalent *BRCA1* mutation and its frequency is not significantly different between Mexico and other Latin American countries ($P = .70$). However, it is worth noting that not all Central and South American countries were represented in their analysis.⁵⁵

The most common *BRCA1* mutation in the same meta-analysis was deletion of exons 9 to 12.⁵⁵ This mutation is estimated to have originated nearly 1,500 years ago near Puebla Mexico.^{48,58} However, to date, it has been reported in Mexicans and Mexican Americans alone.^{22,32,55,61,62} The contribution of large genomic re-

arrangements to *BRCA1* in Latin American patients was evaluated in a study of US Latinas and described the prevalence of rearrangements by racial and ethnic groups.⁶³ Large rearrangements were significantly more common in individuals who reported Latin American ancestry, and the prevalence of rearrangements was two-fold higher than in the overall population tested.⁶³ This laboratory-based cohort extracted ethnicity data from genetic testing request forms; therefore, no data about subethnicity was available.⁶³ However, the 2 most frequent *BRCA1* rearrangements identified in this study were deletion of exons 9 to 12 and deletion of exons 1 and 2, likely reflecting the underlying US Latino population in whom the majority is of Mexican ancestry.⁶³ In a Puerto Rican study, *BRCA1* deletion of exons 1 to 2 was seen in nearly 20% of study patients positive for *BRCA1*.⁴⁹ Because Puerto Ricans represent the second largest US Latino group after those of Mexican ancestry, these findings support utilizing an assay that includes large rearrangements when testing Latinos.⁴⁹ The study results also highlight the importance of understanding more granular aspects of ethnicity, such as country of origin, to ensure that all mutations that contribute significantly are captured.

Dutil et al²² noted that most Latin American studies they reviewed identified a higher proportion of *BRCA1* than *BRCA2* mutations, a finding similar to reports in other populations. However, studies from 4 different countries (Costa Rica,³⁷ Cuba,³⁵ Puerto Rico,⁴⁹ Uruguay⁶⁴) reported more *BRCA2* mutations than those in *BRCA1*. While these studies may have been limited by sample size and the mutation-detection strategies and technologies,^{35,37,49,64} this finding has been also reported in a single US-based clinical site and may warrant further exploration.⁶⁵

The meta-analysis performed by Porchia et al⁵⁵ identified recurrent *BRCA2* mutations across all studies with the following pooled prevalence: H372N (0.88%; 95% confidence interval [CI]: 0.24–1.92), E49X (0.38%; 95% CI: 0.13–0.75), and 3492insT (0.32%; 95% CI: 0.24–0.53). *BRCA2* 3492insT has been identified in different regions of Spain with a frequency as high as 2.08%.⁶⁵⁻⁷¹ Although it is possible that this mutation was introduced in Latin America by the Spaniards, no haplotype studies of this specific mutation were identified to confirm a shared ancestry rather than a separate mutational event.⁴⁹

BRCA1 and *BRCA2* account for the majority of hereditary breast cancer, but other high- and moderate-risk genes also predispose individuals to breast cancer, including *TP53*, *PTEN*, *CDH1*, *STK11*, *CHEK2*, *PALB2*, and *ATM*, among others.^{26,27,54,72-80} Limited studies have been performed of non-*BRCA* genes in Latina breast-cancer cohorts, leaving much to be learned about the prevalence and spectrum of

mutations in these genes among Latinas with breast cancer (Table 1).^{26,27,54,72-80}

One exception is the Brazilian founder mutation in *TP53*, R337H. Mutations in *TP53* cause Li-Fraumeni syndrome, which is associated with an elevated risk for a wide spectrum of cancers, including adrenal cortical carcinoma, soft-tissue and bone sarcomas, brain tumors, and breast cancer.⁸¹⁻⁸³ The overall contribution of *TP53* mutations to breast cancer is estimated to be less than 1%, unless selecting for early-onset breast cancer.^{84,85} In studies of women diagnosed with breast cancer at or before the age of 30 or 35 years, 5% to 8% had *TP53* mutations.^{81,86-88}

TP53 R337H was first identified in individuals with childhood adrenal cortical carcinomas living in southern Brazil.⁸⁹ This mutation occurs in 2.4% to 8.6% of Brazilian women with breast cancer.^{78,79,89,90} In a large study, which included 403 patients with breast cancer diagnosed at 45 years or younger, 12.1% carried the *TP53* R337H mutation. Although the mutation was significantly more frequent in younger patients compared with those diagnosed at 55 years or older ($P < .001$), 5.1% of the older group carried the mutation.⁷⁹ To date, no other populations have been identified in whom *TP53* makes such a significant contribution to breast cancer. The prevalence of this mutation in southern Brazil has been estimated to be approximately 0.3%.^{91,92} Additional haplotype analyses support the hypothesis that this recurrent mutation is a founder mutation from a shared ancestor.^{79,93}

Historically, the genetic assessment for hereditary breast cancer involved the formation of a differential diagnosis followed by a syndrome-by-syndrome evaluation through the sequential testing of genes. However, the rapid integration of next-generation sequencing has enabled simultaneous testing of multiple inherited cancer genes, thereby expanding the use of multigene panels in clinical testing at a reduced cost.⁹⁴ This expansion is reflected in the emerging body of literature on breast cancer focused on multigene panel findings from the research, clinical, and laboratory settings.⁹⁵⁻¹⁰³

These literature cohorts are predominantly non-Hispanic whites, with Latinas representing less than 1.0% to 7.4% of study participants, thus highlighting another area where future research is needed.^{95-97,99-102} One study of 475 patients undergoing multigene panel testing included 228 Latino patients (47.6% of the study population), and it reported that the likelihood of detecting a deleterious mutation was no different among the ethnic and racial groups represented.⁹⁶ Of the patients with breast cancer ($n = 197$), 14.8% ($n = 28$) carried mutations, and, as expected, *BRCA1* and *BRCA2* were the most commonly mutated genes; however, 16 mutations were identified in other genes (*CDH1* = 4, *CHEK2* = 3, *MUTYH* = 3, *PALB2* = 2,

TP53 = 1, *RAD50* = 1, *RAD51D* = 1, *BARD1* = 1).⁹⁶ Of note, the likelihood of identifying more than 1 variant of uncertain significance in Latinos was significantly higher than that of non-Hispanic whites.¹⁰⁴ Thus, a need exists for further research to better classify rare variants, especially given the under-representation of Latinos in laboratory and research databases.

Genetic Counseling and Testing Patient- and Health Care–Related Factors

An important step toward understanding the role of *BRCA* and other high- and moderate-risk breast cancer genes in Latinas is to increase the number of individu-

als who receive genetic counseling and subsequently elect to undergo testing. However, growing evidence identifies disparities in awareness of and access to genetic counseling among Latinas compared with non-Hispanic white women. Data from health interview surveys from 2000, 2005, and 2010 show that Latinas had the lowest level of awareness about genetic testing for inherited cancer risk than all of the other US racial ethnic groups.¹⁰⁵⁻¹⁰⁷ Using telephone surveys, Gammon et al¹⁰⁸ studied 63 Latinas and 84 non-Hispanic whites at increased risk for carrying a *BRCA1* or *BRCA2* mutation, examining their awareness, cognition level, and psychosocial needs related to genetic

Table 1. — Select Non-*BRCA* Genes Observed in Latina Populations

Study	Country	Cohort		Gene	Analysis	Findings
		No. of Patients	Inclusion Criteria			
Assumpção ⁷⁸	Brazil	123	Family history of breast cancer Family history of ovarian cancer Sporadic breast cancer	<i>TP53</i>	Site-specific analysis of <i>TP53</i> R337H	2.4% of cases carried the mutation ($P = .0442$)
Carraro ⁵⁴		54	Early-onset breast cancer diagnosis < 30 y	<i>BRCA1</i> <i>BRCA2</i> <i>CHEK2</i> <i>TP53</i>	Coding introns/exons of <i>BRCA1/2</i> , <i>TP53</i> , and site-specific analysis of <i>CHEK2</i> (c.1100delC)	22% carried mutations mostly in <i>BRCA1/2</i> 2% (n = 1) had <i>TP53</i> mutation
Felix ²⁶		106	HBOC testing	<i>BRCA1/2</i> <i>CHEK2</i> <i>TP53</i>	PCR of each exon of <i>BRCA1</i> Site-specific analyses of <i>BRCA2</i> (c.5946_5946delT; c.156_157insAlu), <i>CHEK2</i> (c.1100delC; c.444+1G>A; p.1157T), and <i>TP53</i> (p.R337H)	2.8% carried mutations (<i>BRCA</i> = 2, <i>TP53</i> = 1)
Giacomazzi ⁷⁹		874	Family history of cancer (group 1) Consecutive breast cancer (group 2)	<i>TP53</i>	Single-site analysis for p.R337H	p.R337H identified in 3.4% (group 1) and 8.6% (group 2) Higher prevalence when diagnosed ≤ 45 y (12.1%) vs 55 y (5.1%; $P < .001$)
Silva ²⁷		120	HBOC testing	<i>ATM</i> <i>BRCA1/2</i> <i>BRIP1</i> <i>CDH1</i> <i>CDKN2A</i> <i>CTNNB1</i> – <i>CHEK2</i> <i>MLH1</i> <i>MSH6</i> <i>NBN</i> <i>PALB2</i> <i>PTEN</i> <i>RAD50</i> <i>RAD51</i> <i>TP53</i>	Coding introns/exons of <i>BRCA1/2</i> Site-specific analysis of <i>CHEK2</i> (c.1100delC) and <i>TP53</i> (p. R337H) Array comparative genomic hybridization for CNVs in other 14 genes	26% (n = 31) mutations (<i>BRCA1/2</i> = 27, <i>CHEK2</i> = 1, <i>TP53</i> = 3)

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Table 1. — Select Non-*BRCA* Genes Observed in Latina Populations, continued

Study	Country	Cohort		Gene	Analysis	Findings
		No. of Patients	Inclusion Criteria			
González-Hormazábal ⁷²	Chile	137 (<i>BRCA</i> ⁻ = 126, <i>BRCA</i> ⁺ = 11)	≥ 2 family members with breast cancer ≥ 2 family members with ovarian cancer Family history of male breast cancer Early-onset breast cancer with no family history	<i>ATM</i>	PCR-based analysis of coding sequence and exon/intron boundaries of <i>ATM</i> Analysis of <i>ATM</i> 5557G>A, IVS38-8T>C, IVS24-9delT	5557G>A, IVS38-8T>C, IVS24-9delT associated with elevated risk of breast cancer if <i>BRCA</i> ⁻ Identification of composite genotype that confers 3.19-fold risk for breast cancer
Jara ⁸⁰		143 (<i>BRCA</i> ⁻ = 131, <i>BRCA</i> ⁺ = 12)	≥ 2 family members with breast cancer ≥ 2 family members with ovarian cancer Family history of male breast cancer Early-onset breast cancer with no family history	<i>RAD51D</i>	PCR-based analysis of coding sequence and exon-intron boundaries of <i>RAD51D</i> Analysis of <i>RAD51D</i> , c.135G>C	No mutations detected in <i>RAD51D</i> c.135G>C associated with elevated breast cancer risk if <i>BRCA</i> ⁻
Leyton ⁷³		436	<i>BRCA</i> ⁺ ≥ 2 family members with breast cancer ≥ 2 family members with ovarian cancer Single case of early-onset diagnosed ≤ 50 y	<i>PALB2</i>	Full gene sequencing in 100 “high-risk” cases Analysis of identified variants	No pathogenic mutations identified 3 variants identified (c.1676A>G ^a , c.2993C>T ^a , c.1861C>A)
Calderón-Zúñiga ⁷⁴	Mexico	94	Familial breast cancer Early-onset breast cancer	<i>ATM</i>	PCR-FLP of 3 specific mutations (IVS24-9delT, IVS38-8T>C, 5557G>A)	5557G>A (13%) IVS24-9delT (21% vs 8% controls; <i>P</i> = .0122) IVS38-8T>C (< 1%)
Bell ⁷⁶	United States	362 ^b	Early-onset breast cancer	<i>CHEK2</i>	169 cases diagnosed ≤ 40 y had sequencing of coding region of <i>CHEK2</i> Specific analysis of 1100delC, H143Y, and 8 other <i>CHEK2</i> variants/mutations	Data not reported by ethnicity, but reported “infrequency” of c.1100delC among Latinas
Bretsky ⁷⁵		101 ^b	Personal history of breast cancer	<i>ATM</i>	20 specific <i>ATM</i> missense mutations or polymorphisms	L546V had modest but not significant predictor of risk; almost exclusive to African American women (found in 2 Latinas)
Damiola ⁷⁷		158 ^b	Breast cancer diagnosed ≤ 45 y	<i>MRE11</i> <i>RAD50</i> <i>NBN</i>	PCR-based analysis of coding sequence and exon/intron boundaries of <i>MRE11</i> , <i>RAD50</i> , <i>NBN</i>	Data not reported by ethnicity <i>MRE11</i> , <i>RAD50</i> , <i>NBN</i> are intermediate-risk genes

^aThese variants play a role in risk of breast cancer.

^bLatinas were part of a larger multiethnic cohort.

CNV = copy number variation, FLP = fragment length polymorphism, HBOC = hereditary breast and ovarian carcinoma, PCR = polymerase chain reaction.

counseling and testing. Among those who had not previously undergone genetic counseling (53 of the 120), Latinas were more unaware than their white counterparts of the availability of testing (56.9% vs 34.8%, respectively).¹⁰⁸ Vadaparampil et al¹⁰⁹ reported on a sample of Latinas with a personal or family history of breast cancer, all of whom reported an awareness of genetic risk for breast cancer (ie, family history). However, none of the Latinas had a clear understanding of

what genetic testing was and had not received physician referral for genetic testing.¹⁰⁹ Findings did differ based on country of origin — an important area to consider in future work, given the diversity of Hispanic populations across the United States.¹⁰⁹ In another report, Kaplan et al¹¹⁰ reported differences in awareness of genetic testing by race and ethnicity, such that 19.4% of Latinas had heard of genetic testing compared with 59.4% of whites, 26.1% of Asian Americans, and 31.0%

of black women.

In a study of more than 2,400 patients completing a family cancer history form, Mays et al¹¹¹ found that, overall, despite low levels of initial awareness, 65 patients (2.7%) met criteria for cancer risk assessment; of those, 72.3% expressed interest in receiving genetic counseling. Furthermore, no differences in interest in genetic services were reported across all racial and ethnic groups.¹¹¹ Among 1,536 women with non-metastatic breast cancer, Jagsi et al¹¹² found that Latinas had a greater desire for genetic counseling than other groups (58.8% of Spanish-speaking Latinas; 36.7% of English-speaking Latinas; 27.1% of non-Latina whites; and 28.1% of blacks). In addition, Lagos et al¹¹³ examined social, cognitive, and cultural variables among Latinas prior to an appointment for genetic counseling. Fifty low-income, underserved Latinas completed the assessment, and the results demonstrated their readiness (having the necessary skills for the genetic-counseling process), low fatalism, and high rate of self-efficacy, and social support.¹¹³ However, this study was conducted in women who showed up to their genetic counseling appointments, thus representing a unique group of women.¹¹³ Vadaparampil et al¹¹⁴ studied a group of Puerto Rican women (living in Puerto Rico or central Florida) with a family or personal history of breast cancer and found that the vast majority of participants said they would undergo genetic testing within the next 6 months if it was available. Barriers included the potential physical pain associated with the test.

Uptake of Services

Given lower levels of patient awareness, physician recommendations may provide a critical approach to increasing the utilization of genetic counseling and testing for hereditary risk of breast cancer. However, available studies suggest a missed clinical opportunity, because both English- and Spanish-speaking Latina survivors of breast cancer may be more likely to have unmet needs for discussion with a health care professional about genetic testing for cancer than their non-Hispanic white counterparts. For example, Jagsi et al¹¹² reports that minority patients were the most likely to express an unmet need for a discussion about genetic testing, although they also showed a strong desire for such testing.

Preliminary studies support the uptake of genetic counseling when services are offered.¹¹⁵⁻¹¹⁸ One study of predominantly Latina patients (71.4%) offered genetic counseling at a safety-net hospital found that 88.0% kept their appointments.¹¹⁵ Another study of women (69.6% were Latinas) seen in a safety-net hospital setting reported that 96.4% of them underwent *BRCA* testing when it was recommended to them.¹¹⁶ Once Latinas were referred, Olaya et al¹¹⁷ found that they are equally likely as the general population to complete *BRCA* test-

ing. Overall, 52% completed genetic testing, and no differences by race and ethnicity were observed.¹¹⁷ Woodson et al¹¹⁸ reported on the utilization of group pretest genetic counseling in a community clinic made up of mostly Latinas (62.3%) with breast cancer; the majority (86.7%) underwent *BRCA* genetic testing when offered.

Overall, these studies have focused on the delivery of genetics services for cancer to majority Latina cohorts, demonstrating that genetic counseling and testing is likely well-received by Latinas with breast cancer; however, these studies were all conducted in safety-net hospitals or in community, low-resource settings and were aimed at the provision of service to low-income, uninsured patients.¹¹⁵⁻¹¹⁸ Although Latinas continue to be disproportionately uninsured or underinsured, these study findings might not generalize to other health care settings. Thus, further studies are needed across various clinical settings and in a wider representation of Latinas with breast cancer to better understand the utilization of genetic testing as well as the barriers for referrals.

Common Genetic Polymorphisms and Risk of Breast Cancer Genome-Wide Association Studies

Progress in the discovery of germline genetic polymorphisms associated with breast cancer risk changed pace when technological advances in genotyping made it possible to characterize genome-wide genetic variation at a relatively low cost.¹¹⁹ In 2007, the first breast cancer genome-wide association studies were published, and they reported a handful of single nucleotide polymorphisms (SNPs) associated with a modest increase in risk.¹²⁰⁻¹²² Since then, more than 100 common variants that either increase risk for or are protective against developing breast cancer have been discovered and, including replication efforts, data from more than 120,000 women have been analyzed.¹²⁰⁻¹⁴³ A small proportion of samples included in these major initiatives are from minority populations in the United States (eg, Latinas, African Americans),¹²⁰⁻¹⁴³ and the first results of genome-wide association studies of Latinas with breast cancer were published in 2014.¹⁴⁴ This latter study represents important but limited progress, considering that the sample size was one-tenth of that available for genome-wide association studies involving women of European origin.^{120-122,144}

Until the first genome-wide association studies of breast cancer in women of European origin were published, the search for risk-predisposing genetic variants was focused on finding polymorphisms within genes that, for known or hypothesized involvement in the biology of the disease, were likely to contribute to breast cancer risk.¹²⁰⁻¹²² These studies in US Latinas or Latin American women typically consisted of the replication of previously associated polymorphisms reported in Europeans, with few of these studies looking for varia-

tion in samples of Latinas before further testing specific polymorphisms for associations in larger samples.^{145,146}

Compared with the hundreds of genome-wide association studies in non-Hispanic white women, we identified 13 case-control studies or cohorts that include US Latina or Latin American women.¹⁴⁷⁻¹⁶⁰ These studies include populations of women of no more than 100 and up to approximately 5,000 women of Latin American origin; combined, the study populations tally approximately 5,000 Latina women with breast cancer and 11,000 Latina healthy controls.¹⁴⁷⁻¹⁶⁰

Candidate Gene or Pathway Studies

Multiple breast cancer–association studies of candidate genes or pathways have been reported for US Latina and Latin American women during the last 20 years. Genes or pathways studied have included those related to hormone metabolism, hormone receptors, hormone coactivators or suppressors,^{145,161-166} growth factors,^{146,167-173} matrix metalloproteinases,^{174,175} inflammation and energy balance,^{149,176-181} metabolism of xenobiotic compounds and oxidative stress,^{150,182-184} DNA repair,^{151,152,154,186} and angiogenesis.¹⁸⁷ Results reported in these publications should be interpreted with caution, given that approximately 60% of the candidate gene analyses included did not adjust for genetic ancestry, which is a known confounder in genetic association studies in admixed populations.^{188,189} In addition, no associations in candidate gene or pathways studies, nor any of the interactions with risk factors, genetic ancestry, or tumor characteristics, have been replicated in independent samples of Latinas.

Replication of Identified Single Nucleotide Polymorphisms

Few studies have included Latinas and tested the association between SNPs discovered in genome-wide association studies of breast cancer conducted in samples of European or Asian women.¹⁹⁰⁻¹⁹⁵ The first study genotyped previously reported SNPs in the 2q35 region and *FGFR2*, *TOX3*, and *MAP3K1*, reporting statistically significant replications for the polymorphisms in *FGFR2* and 2q35.¹⁹⁰ Two different studies published the results of analyses conducted in the same sample of high-risk families from Chile and healthy controls, testing associations between previously reported variants in *FGFR2*, *MAP3K1*, and *TOX3* and the 2q35 and 8q24 regions and breast cancer risk.^{194,195} They replicated the associations for *FGFR2*, *MAP3K1*, *TOX3*, and 2q35 but not for 8q24.^{194,195} An analysis conducted in a pooled sample of Latina cases and controls from the Four-Corners study, San Francisco Bay Area Breast Cancer Study, and a study in Mexico, investigated the association between 10 identified polymorphisms in genome-wide association studies (in region 2q35 and in or near *RELN*, *MRPS30*, *RNF146*, *FGFR2*, *TOX3*, *LSP1*, *TLR1*,

MAP3K1, and *RAD51L1*) and breast cancer risk.¹⁹² They replicated associations for the polymorphisms in *RELN*, *FGFR2*, *TOX3*, and *TLR1* and 2q35 and found heterogeneity by ancestry for the *RELN*, 2q35, and *TLR1* SNPs.¹⁹² A follow-up study reported that the heterogeneity by ancestry for the 2q35 polymorphism was likely due to the association between genetic ancestry, use of hormone therapy, and breastfeeding.¹⁹¹ Another analysis of the *FGFR2* polymorphism in the Mexican study reported an interaction between the *FGFR2* polymorphism and alcohol intake.¹⁹³ The first genome-wide association study of breast cancer in US Latinas also replicated previous associations, with most of the SNPs being concordant in terms of direction and magnitude of association with those reported in European or Asian populations.¹⁴⁴ Twenty-three of the 83 variants tested had probability values below .05.¹⁴⁴

Ancestry

Admixture mapping leverages the demographical history of admixed populations to find genomic regions that may carry trait-associated variants.¹⁹⁶⁻²⁰⁴ An admixed population results from the combination of 2 or more ancestral groups.²⁰⁰ The principle of admixture mapping is to identify genomic regions in which cases share more of the same genetic ancestry than either population-based controls (case-control analysis) or compared with the average ancestry of the rest of the genome among cases (case-only analysis).²⁰² This approach has identified risk variants or risk regions for multiple complex traits, including obesity, hypertension, and cancer.^{196-199,201,203,204} The incidence of breast cancer varies across different racial and ethnic groups in the United States, and Latinas have lower incidence rates than non-Latina whites but higher rates than American Indian women.²⁰⁵ Genetic ancestry has also been associated with breast cancer risk in US Latinas and Mexican women after adjusting for nongenetic risk factors, suggesting that a genetic component could be responsible for the difference in risk.^{149,206,207} An admixture mapping study in Latinas reported a statistically significant association between a region in the long arm of chromosome 6 (6q25) near *ESR1* and risk of breast cancer and a suggestive association on chromosome 11.²⁰⁸ Higher Indigenous American ancestry at chromosome 6q25 was associated with lower risk of breast cancer.²⁰⁸ This finding was concordant with the previous reports of lower rates of risk of breast cancer among Latinas with high American Indian ancestry compared with women with high European ancestry after adjusting for possible risk factors such as socioeconomic status, number of full-term pregnancies, and breast feeding.²⁰⁶⁻²⁰⁸

One included a discovery phase and replication in 3 additional studies.¹⁴⁴ The study reported genome-wide results that were statistically significant

for 2 linked SNPs 56kb upstream of *ESR1* (rs140068132 and rs147157845).¹⁴⁴ These SNPs have a frequency of between 5% and 23% in Latin American populations and are absent in most all other groups.¹⁴⁴ The minor allele was protective, with an associated odds ratio (OR) of 0.60 (95% CI: 0.53–0.67) per allele and was more protective for *ER*-negative disease than for *ER*-positive disease (OR for *ER*-negative disease 0.34; 95% CI: 0.21–0.54).¹⁴⁴

Treatment

Tumor Genomics

A growing body of evidence suggests differences in the tumor biology of breast carcinoma across various races and ethnicities. Several studies have evaluated the prevalence of phenotypic subtypes of breast cancer in Latinas compared with other population groups.²⁰⁹⁻²¹⁵ Most data have shown a higher proportion of *HR*-negative disease types among Latinas when compared with non-Hispanic whites (Table 2).^{4,209-213} However, those results have not always been concordant, and the differences seen across these studies could represent small sample sizes, patient age, or unadjusted rates for genetic ancestry. Although studies based on data from the California Cancer Registry indicated a higher proportion of triple-negative tumors,²¹⁴ this finding was not confirmed in a Colorado study.²⁰⁹ In a retrospective study performed in Brazil, patients in the southern regions with a higher percentage of European ancestry and higher socioeconomic status presented with the highest proportion of luminal tumors, whereas the more aggressive subtypes were seen in the northern parts of Brazil, an area with a higher African ancestral influence.²¹⁵

Approximately 15% of breast cancer types over-

express human epidermal growth factor receptor 2 (*ERBB2*; formerly *HER2* or *HER2/neu*) protein.²¹⁶ High levels of *ERBB2* expression identify those women who benefit from treatment with *ERBB2*-targeted agents, which have been shown to increase survival in the adjuvant and metastatic settings.^{217,218} Most studies with *ERBB2*-targeted therapies have enrolled majority populations of non-Hispanic whites, although consistent evidence demonstrates that a higher proportion of *ERBB2*-positive tumors exist among Latinas, even after adjusting for other tumor characteristics (eg, grade, stage, *ER* status) and breast cancer risk factors (eg, number of children, alcohol consumption).²⁰⁹

Further tumor characterization has been made possible due to advances in molecular tumor profiling. Oncotype DX (Genomic Health, Redwood City, CA) is a 21-gene breast cancer assay — known as a recurrence score — that provides prognostic and predictive information regarding the benefits of adjuvant chemotherapy in patients with *ER*-positive tumors. Use of Oncotype DX is part of several guidelines from professional medical organizations, including the National Comprehensive Cancer Network, the American Society of Clinical Oncology, and the European Society for Medical Oncology.²¹⁹⁻²²¹ The characteristics of this assay and the impact of its results on treatment decisions among Latinas with breast cancer are lacking in the medical literature. Kalinsky et al²²² studied 74 Latinas and 145 non-Hispanic white women matched for age, disease stage, and nodal status, and they observed no differences in the overall recurrence score, *ER* or *PR* status, or *ERBB2* expression by Oncotype DX. However, Latinas had a higher expression of *CCNB1* and *AURKA*, 2 genes that are part of the proliferation score and heavily weighted in the calculation of the

Table 2. — Comparison of *ER* and *ERBB2* Status in Latina, Black, and White Women

Study	No. of Patients	Latina	White	Black
Chlebowski ²¹¹	N = 3,800 n = 103 Latinas	<i>ER</i> ⁺ : 83.0%	<i>ER</i> ⁺ : 87.0%	<i>ER</i> ⁺ : 71.0%
Dunnwald ²¹²	N = 209,276 n = 5,585 Latinas	<i>ER</i> ⁺ : 70.2%	<i>ER</i> ⁺ : 78.4%	<i>ER</i> ⁺ : 60.5%
Hausauer ²¹³	N = 243,906 n = 15,355 Latinas	<i>ER</i> ⁺ : 53.2% (unknown <i>ER</i> status: 29.4%)	<i>ER</i> ⁺ : 63.5% (unknown <i>ER</i> status: 22.3%)	<i>ER</i> ⁺ : 46.4% (unknown <i>ER</i> status: 29.4%)
Hines ²⁰⁹	N = 285 n = 69 Latinas	<i>ER</i> ⁺ : 63.8% <i>ERBB2</i> ⁺ : 31.9% TNBC: 17.4%	<i>ER</i> ⁺ : 77.3% <i>ERBB2</i> ⁺ : 14.3% TNBC: 15.1%	—
Li ²¹⁰	N = 124,934 n = 7,219 Latinas	<i>ER</i> ⁺ : 68.7%	<i>ER</i> ⁺ : 78%	<i>ER</i> ⁺ : 53.4%
Parise ⁴	N = 143,184 n = 24,078 Latinas	<i>ER</i> ⁺ : 74.6% <i>ERBB2</i> ⁺ : 22.2% TNBC: 15.9%	<i>ER</i> ⁺ : 82.7% <i>ERBB2</i> ⁺ : 17.2% TNBC: 11.2%	<i>ER</i> ⁺ : 66.5% <i>ERBB2</i> ⁺ : 20.1% TNBC: 24.5%

TNBC = triple-negative breast cancer.

recurrence score.

Multiple trials whose study populations were mostly comprised of non-Hispanic white women have shown that use of Oncotype DX affects treatment recommendations and leads to an increase in physician and patient confidence in treatment decisions.²²³⁻²²⁶ A small study of 96 patients with breast cancer treated in Mexico showed that use of the Oncotype DX changed treatment decisions for 32% of patients, a finding suggesting that its use has a meaningful impact on recommendations for adjuvant treatment.²²⁷ Results from cost-effectiveness analyses indicated that use of the Oncotype DX assay was projected to improve rates of life expectancy when compared with the current standard of care.²²⁸

Pharmacogenomics

Several factors cause variations in an individual's response to drugs, including age, body mass index, diet, and genetic variation.²²⁹⁻²³¹ SNPs in genes related to drug-metabolizing enzymes have been recognized as important determinants of variability to drug response.²³² Most studies have not been sufficiently powered to determine whether specific chemotherapy agents used to treat breast cancer have different rates of effectiveness and toxicities based on race or ethnicity.²³³ However, differences in the metabolism of endocrine therapies have been well documented according to race and ethnicity.²³⁴⁻²³⁷

In a study that evaluated clinical data and blood samples from patients with breast cancer undergoing adjuvant tamoxifen therapy, mostly non-Hispanic white women (68%) and Latinas (26%) had significantly higher serum levels of tamoxifen and 4-hydroxytamoxifen, one of the tamoxifen metabolites ($P = .02$ and $P = .007$, respectively).²³⁴ In 2 other studies, genetic polymorphisms in *CYP2D6* associated with lower plasma concentrations of the active metabolites of tamoxifen were described in Mexican, Puerto Rican, and Spanish patients.^{235,236} A higher prevalence of this poor metabolizer phenotype has also been observed in non-Hispanic whites.²³⁷ In an attempt to clarify whether *CYP2D6* allele status influences outcomes from tamoxifen, investigators assessed data from 2 large prospective trials and found that *CYP2D6* allele status did not predict clinical benefit of adjuvant tamoxifen in terms of risk of recurrence.^{238,239} Therefore, changes in treatment decisions based on *CYP2D6* allele status alone are not recommended. Differences in the incidence of polymorphisms of the aromatase gene among different ethnic groups have also been reported and could potentially lead to different outcomes and toxicities among populations.²⁴⁰ One trial evaluated the benefit of extended hormonal therapy with an aromatase inhibitor after 5 years of tamoxifen treatment in non-Hispanic whites ($n = 4,708$) and minority women ($n = 352$; 1.5% were

Latinas).²⁴¹ In general, the researchers found that, compared with non-Hispanic whites, minorities had fewer associated toxicities and no definitive survival benefit with aromatase inhibitors.²⁴¹ However, these results should be cautiously interpreted, because the minority participants were less adherent to hormonal therapy and the study was not powered to detect survival benefit in the subgroups.²⁴¹

Conclusions

Several genetic and genomic factors are related to the health disparities of breast cancer in Latinas. Increasing our knowledge about the contribution of high- and moderate-penetrance mutations to the risk of breast cancer among Latinas overall and for subgroups based on country of origin is an important priority. Although genetic counseling and testing for inherited susceptibility to breast cancer has been clinically available for nearly 20 years, disparities in awareness, referral to services, and access persist. Therefore, interventions to address barriers related to low levels of awareness and lacking physician referrals are critical.¹⁰⁵⁻¹¹⁰

Even though multiple candidate gene studies have been conducted in this population, only identified variants in genome-wide association studies have been systematically replicated. Much larger sample sizes will be required if we expect to discover similar results in Latinas as would be identified for the European genome in view of their Indigenous American component. We cannot assume that overlapping variants alone between different ancestral genomes will be associated with rate of risk, so our efforts should be focused on reducing research disparities by expanding available resources to include large cohorts and case-control studies of diverse populations in and outside the United States.

Latinas remain systematically underrepresented in pharmacogenomics studies and the current studies were not powered to detect outcome differences. They are also underrepresented in clinical treatment trials and other patient-reported outcomes research. Future research should draw from the few models of success in prior studies that have recruited sufficient numbers of Latinas.²⁴²⁻²⁴⁵ Lessons can also be learned from successful examples of recruiting other racial and ethnic minority patients who have survived breast cancer.²⁴⁶ Elements that appear to bolster success include partnering with community-based organizations that provide services to Latinas and the provision of language-concurrent clinical care.²⁴⁷⁻²⁴⁹ The heterogeneity of the US Latina population must also be considered, because different cultural influences, levels of awareness of, and interest in genetic and genomic services appear to vary by country of origin.¹⁰⁹

An urgent need exists to ensure that existing genomic research considers the unique needs of this

Latina population. As the US population continues to diversify with up to one-third identifying as Hispanics by 2060,¹ extending genetic and genomic research into this underserved and understudied population will be critical. By understanding the risk of breast cancer among diverse populations, we will be better positioned to make advancements in the number of women diagnosed at earlier stages, identify more effective and less toxic treatment regimens, and increase rates of survival. Meeting these goals will contribute to reducing the current health disparities in these patients with breast cancer.

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